

Activity: What's In Your DNA?

Our DNA tells us everything we need to know about US and others. In this activity, students and teachers can learn about each other by doing a DNA analysis. Students will create an outline of their body and use this outline to identify what characteristics run through their DNA (Loyalty, Courage, Pride, etc.) As well, they will use this body to explain how they see the world and how they view others. This activity is great for students and teachers alike. Not only does it provide the opportunity to conduct a self-exploration, but it also provides the opportunity to introduce others to the real and true YOU.

In Your Classroom:

1. Make copies of sheet and distribute to students (this can also work as a fillable PDF)
2. Have students reflect on their DNA by answering the questions below.
3. After answering the questions, have students create an outline of their body and decorate their outline.
4. Have students use the information on the handout to describe their DNA in a class presentation.
5. Display students' final products

Content Connection: These activity can also be used to explore textbook characters, historical figures, or research individuals or professions related to content area.

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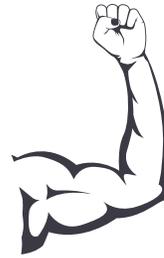
Activity: What's In Your DNA?

Directions: Our DNA tells us everything we need to know about US and others. In this activity, we will learn about each other by doing a DNA analysis. You will:

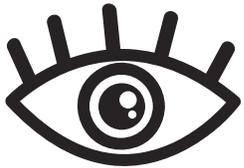
- Use the guide below to analyze what's in your DNA
- create an outline of your body (or use an image) and use this outline to identify what characteristics run through your DNA (Loyalty, Courage, Pride, etc.)
- use this body to present how you see the world and how you view others.



What are your long and short term goals in life?



How will you use your strength to bring about change in your communities, nation, and the world?



What issues have you witnessed in your community that you seek to change?



How does what you wear represent who you are and what you want to be identified as?



What words of inspiration or wisdom, have you heard, that can empower others?

Reflection: After reviewing the characteristics described above, summarize what is in your DNA? How does your DNA shape how you view the world, interact with others, and your core values and beliefs?



What is your battle cry?

THINK-PAIR-TOAST



After you have completed the above organizer and reflection, share your responses and reflections with a partner. After each partner has had a turn to share, you will present your partner to the class in the form of a 1-minute toast.

